

# Strong Families Build Strong Communities

**FUN, FREE activities all week long!**

## Student Essay Contest: Why I Love My Family

Recognition for school winners, cash prizes for county-wide winners at Saturday's Family Picnic.

### Sunday, November 16

### Family Values Fireside

*Focus on Family Values:* Cypress Gardens, Winter Haven. Gates open at 5:30 pm.\*

**5:30-8 pm:** FREE Family Photos, give-aways, food, music, & more, while supplies last! Bring the family!  
Welcome by Sheriff Grady Judd, Great Family Ideas from Harvey Kornstein, Circuit Judge, Juvenile Division.

Visit Cypress Gardens at discount price of \$10/person 10 a.m.– close  
Includes all attractions, Corvette Show, and Concerts at 1 p.m.: The Drifters and The Coasters

### Monday, November 17

### Family Sharing

*Focus on Responsibility:* Responsibility begins at home. Read a book, magazine, or newspaper together as a family. Discuss and share what you've learned.

### Tuesday, November 18

### Family Appreciation

*Focus on Caring:* Thank someone from another generation that has helped or motivated you—a parent, grandparent, aunt or uncle, elderly neighbor. Write a note\* to that special person!

### Wednesday, November 19

### Family Lunch/Dinner

*Focus on Honesty:* Eat with your family—at school, at home, or at a restaurant. Share how the value of honesty\* affects your life, and the lives of other family members. Visit the website for age appropriate questions to start this important conversation.

### Thursday, November 20

### Serve With Your Family

*Focus on Respect:* Show your respect for your community by serving\* and sharing with others. Check out the Family Week website for family serving/sharing ideas.

### Friday, November 21

### Play With Your Family

*Focus on Fun!* Have fun\* with your family! Support your favorite school team, visit Boys & Girls Clubs, Explorations V Children's Museum, any Polk County YMCA, or stay home and play! Check the Family Week website for more ideas for playing together, hours of operation, and directions.

### Saturday, November 22

### Be A Healthy Family!

**8 – 11:30 am\*** at Frazier Trail/USF-PCC campus

Family Fun Walk, competitions, demonstrations, family activities, family information booths, and more!

**Family Picnic\* 11:30 a.m. -1:30 p.m.** on the USF/PCC campus (BYOP: Bring your own picnic!)

Family awards for best picnics, prizes awarded to essay contest winners, School Family Spirit Award, raffle prizes! Come join the fun! BOOK SWAP—bring your own books and take home a favorite!

\*details at [www.polkcountyfamilyweek.com](http://www.polkcountyfamilyweek.com)

[info@polkcountyfamilyweek.com](mailto:info@polkcountyfamilyweek.com)

2nd annual celebration

# Polk County Family Week November 16-22, 2008



**Strong Families  
Build Strong Communities  
One Day at a Time**

[www.polkcountyfamilyweek.com](http://www.polkcountyfamilyweek.com)



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