

# POLK COUNTY FAMILY WEEK 2009

## GENERATION CELEBRATION

### Strong Families Build Strong Communities

FUN, FREE activities all week long!

#### Student Essay & Student Art Contest theme: My Family & Me

Recognition for school winners, cash prizes for county-wide winners at Saturday's Generation Celebration.

**Grandparent of the Year:** A Grandparent's knowledge, love, and wisdom are key to the success of families. Nominate a grandparent whose caring and sharing merit recognition. Contest details at [polkcountyfamilyweek.com](http://polkcountyfamilyweek.com).

#### Saturday, November 14

#### Generation Celebration

*Focus on Family Generations:* Ft. Fraser Trail, USF/PSC Campus

- 8 am** 5K Walk/Run for children and adults (Pre-registration: Fit Niche or website, day of event 7:30 am)
  - 9 am-12 noon** Family Pictures, Activities, Booths with great info & Entertainment, FREE to public
  - 9 am** Awards Presentation for Essay Contest winners
  - 9:30 am** Awards Presentation for Walk/Run winners
  - 10 am** Awards Presentation for Art Contest winners
  - 11:15 am** Awards Presentation for Grandparent of the Year Awards
  - 12 noon** Prize Give-away/Chili Cook Off Awards Presentation
- FREE give-aways, food, music & more, while supplies last! Bring the family !

#### Monday, November 16

#### Family Night\*

*Family Stories* begin at home. Look at family photo albums. Take a new family photo. Share favorite family memories. Check out the Polk County Family Week Website for more ideas.

#### Tuesday, November 17

#### Family Generations Night\*

*Visit/Help family from another generation:* A parent, grandparent, aunt or uncle, elderly neighbor. Visit the Polk County Historical Society and make a family tree, genealogical libraries open for help. Check the Polk County Family Week website for ideas/locations.

#### Wednesday, November 18

#### Family Lunch/Dinner\*

*Prepare & eat lunch/dinner together:* Eat with your family - at school, at home, or at a restaurant. Visit Polk County Family Week website for important information on families eating together.

#### Thursday, November 19

#### Museum/Service Night\*

*Visit Explorations V Children's Museum in Lakeland:* FREE family admission from 4-8 p.m. with a donation of a non-perishable food item to be given to area food banks. View the individual school winners from the Polk County Family Week "My Family & Me" Art Contest in the Museum's Dreamer's Gallery. More Service Night ideas at Polk County Family Week website.

#### Friday, November 20

#### Family Fun Night\*

*Focus on Fun! Have fun with your family!* Support your favorite school team, visit Boys & Girls Clubs, any Polk County YMCA, Silver Moon Drive-In, Lakeland, FREE Rotary Park Movie Night, or stay home and play! Check the Family Week website for more ideas for playing together, hours of operation, and directions.

\*details at [www.polkcountyfamilyweek.com](http://www.polkcountyfamilyweek.com)

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3rd annual

# Polk County Family Week



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### November 14-20, 2009

Strong Families  
Build Strong Communities  
One Day at a Time

[www.polkcountyfamilyweek.com](http://www.polkcountyfamilyweek.com)

